## MINDFUL WARRIOR



9/11 National Day of Service & Remembrance

on the weekend BEFORE 9/11

## Saturday SEPTEMBER 3rd 12 - 4 PM

## Pasadena American Legion

131 N. Marengo Avenue Pasadena, CA 91101



parking information will be sent to you once you have registered \*

\* click to register for FREE event

## HUBIRU

https://nationaldayofservice andremembrancepasadena.eventbrite.com

to be sure you're entered in the door prize drawings

www.mindfulwarriorproject.org info@mindfulwarriorproject.org 818.616.2931



has chosen the Mindful Warrior Project to be one of only 24 programs hosting these special youth/family/ community events around the U.S. in 2016

Join us in finding inspiration & exploring many ways of serving in remembrance of 9/11.

- ~ bring people of diverse backgrounds together
  - ~ meet service dogs & their handlers
- ~ do fun arts & crafts: making cards and decorating care package bags for our veterans
  - ~ connect the military & civilian communities
- ~ put some TLC into the historic American Legion building in preparation for upcoming events & learn what happens there
  - ~ meet those who serve at home via the police, sheriff, & fire departments
  - ~ enjoy interesting stories, food & beverages, music & door prizes
  - ~ introduce young people to service (in many forms) & have an immediate chance to give back & say "thank you"

FREE ~ suitable for ALL ages ~ FREE