

MINDFUL WARRIOR PROJECT



Join the Mindful Warrior Project at this rich Women Veterans Summit and explore a wide range of healing modalities in our Wellness Area.

Sample acupuncture, Reiki, massage, gentle chair yoga stretches, Bodytalk, and more in a private, quiet environment.

Treatments available throughout the Summit following opening ceremonies ~ Come upstairs to explore as many modalities as you'd like to try ~ No prior appointment necessary!



County of Los Angeles
Department of Military and Veterans Affairs
2018 Women Veterans Wellness Summit

*Have you served in the Military?
Are you a woman who supports a Veteran?*



MARCH 9, 2018
9AM – 4 PM
Bob Hope Patriotic Hall
1816 S. Figueroa St.
Los Angeles, CA 90015

Special **FREE** Screening with Rebecca Murga, Writer and Director and U.S. Army Veteran who served in Iraq and Afghanistan

Award Winning Short Film
American Girl
<https://vimeo.com/125963671>

SPEAKERS	MASSAGES	FREE! FREE!
FILM SCREENING	MAKE-OVERS	
CHILD CARE	GIVE-AWAYS	
RESOURCES	LUNCH	
PET SERVICES	PARKING	



TICKETS ON EVENTBRITE: 2018 Women Veterans Wellness Summit
DONATIONS AND RESOURCE PROVIDERS
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