

MINDFUL WARRIOR PROJECT



Mindful Warrior Project
is providing the
WELLNESS AREA
for women veterans

come enjoy free short samples
from a range of
alternative healing modalities

- ~ acupuncture
- ~ massage
- ~ time with therapy dog
- ~ Reiki
- ~ BodyTalk
- ~ & more ~

from
12 noon - 3:00pm
in the 2nd floor
Lincoln Room



FRIDAY, MARCH 22

8:30 AM - 4:00 PM

2019 LA COUNTY WOMEN VETERANS SUMMIT

SPECIAL GUESTS

- Brigadier General Ruth Wong (ret. USAF) - Director of DMVA
- Dr. Jonathan Sherin - Director of DMH
- Danita Johnson - LA Sparks President & COO
- Derek Fisher - NBA Legend & New LA Sparks Head Coach
- Karlie Samuelson - LA Sparks Athlete

BOB HOPE PATRIOTIC HALL
1816 S FIGUEROA ST.
LOS ANGELES, CA 90015

Guest Check-In: 8:30am-9:30am
Programming begins promptly at 9:30am
Valet Parking will be provided



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

CaIMHSA

Military ★
Veterans Affairs
COUNTY OF LOS ANGELES



American Red Cross
Los Angeles Region



Metro

FRIDAY, MARCH 22nd, 2019

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