

# MINDFUL WARRIOR PROJECT



Veterans, Active Duty, Guard, & Reserve members (& accompanying spouses)  
are invited to explore possibilities with us at a

## Wellness Day

Sunday

August 26<sup>th</sup>

3:30 - 6:00 PM

free short treatments of various alternative healing modalities

massage/bodywork

acupuncture

aromatherapy

Reiki

sound healing

& more

refreshments & free parking

The Garden Room

in the

Education Building

Brentwood Presbyterian Church

12000 San Vicente Blvd.

Los Angeles 90049

contact [info@mindfulwarriorproject.org](mailto:info@mindfulwarriorproject.org) for further details

