

MINDFUL WARRIOR PROJECT



CA ARNG
FAMILIES
are invited to

a free

BACK TO SCHOOL RESILIENCY WORKSHOP

with the
Mindful Warrior Project

Saturday

August 17th

11:00 AM - 2:00 PM

Azusa, CA

never boring, but always
unexpected, fun, & exciting

including
drum circle
service dog/therapy dog show
arts & crafts
photo boards
snacks
books & treats to take home



Register **HERE**

<https://events.eventzilla.net/e/back-to-school-resiliency-workshop--2138766142>

learn skills that will help you power your way
through obstacles at school ~ and in life ~
like the superhero that you truly are!



contact Nathali Duran with any questions - 818-402-3296