

MINDFUL VETERAN P R O J E C T



To honor April as the Month of the Military Child, you and the kids are invited to a *free* VIRTUAL workshop

CAL W VET
WOMEN VETERANS

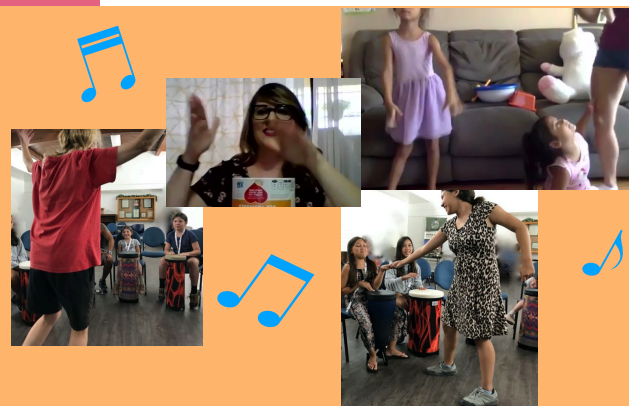
Mindful Music & Movement

Friday
April 30th, 2021
2:00 - 3:15PM
(Pacific Time)

to register click
[HERE](#)

or copy/paste this URL into your browser:

<http://events.constantcontact.com/register/event?llr=ga8vqpfab&oeidk=a07ehthtmthbfdbbfa4>



fun for the whole family
with some educational tidbits
sneaking in
beneath the kids' radar!

have available some pots & pans,
empty oatmeal box, upside-down
wastebasket, or whatever else you'd
like to use as a drum



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