

MINDFUL VETERAN P R O J E C T



Women Veterans & ALL family members are invited to join us for a *free* VIRTUAL



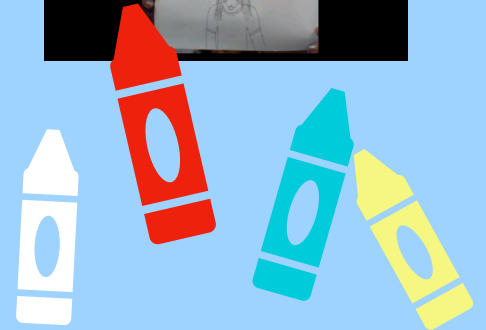
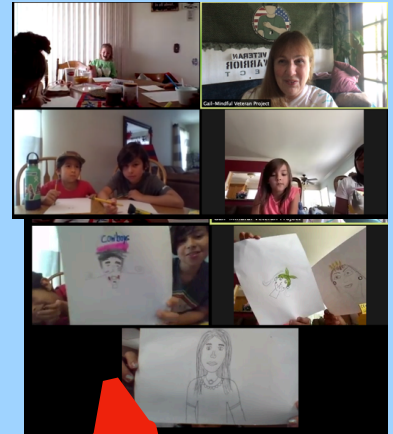
Mindful Arts & Crafts Fun for the Whole Family

Tuesday
December 29th, 2020
1:00 - 2:30PM
(Pacific Time)

to register click
[HERE](#)

or copy/paste this URL into your browser:
[http://events.r20.constantcontact.com/register/event?
oeidk=a07ehe99n9kad1ebabd&llr=ga8vqpfab](http://events.r20.constantcontact.com/register/event?oeidk=a07ehe99n9kad1ebabd&llr=ga8vqpfab)

~ no artistic talent required ~
~ perfect quality family time for all ages ~



sit comfortably around a table ,
each using only a blank piece of white paper
(can be the back side of junk mail- let's recycle!)
and crayons or markers or pens or pencils,
we'll guide you through an incredibly fun project
with always enjoyable results

you can't fail or be bad at this -
how refreshing!

be prepared to be pleasantly surprised

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