

# MINDFUL WARRIOR PROJECT



a VERY special event including  
pre-talk, performance, & backstage  
veteran panel post-talk (with refreshments)

Sunday  
September 17th  
1 - 6 PM

Los Angeles Opera's performance of  
Georges Bizet's

# CARMEN

Dorothy Chandler Pavilion  
The Music Center



for more details & to RSVP please email  
[gail@mindfulwarriorproject.org](mailto:gail@mindfulwarriorproject.org)