

MINDFUL VETERAN PROJECT



Join us for our crafting/mending/knitting/crocheting circle!

With gracious host Isabella, a small group of women used to meet at Café Carolina for a few Sunday hours of good company, conversation, tea/coffee/cocoa, while we knitted or crocheted, mended or crafted

We worked on everything from complicated sweaters to simple scarves, without judging the outcomes, free to keep our handiwork or donate it via MVP to veterans/veteran families in need.

We can no longer meet in person but, perhaps more than ever, need this kind of simple, nurturing companionship over crafting in which women have long traditionally engaged.

Join us as we continue on Zoom

Sunday
April 11th
and
May 2nd, 2021
1:00pm - 2:00pm
(Pacific Time)

just have some materials to work with
no skill required
we can teach you basic knitting/crocheting
~ or you can embroider, sew, mend ~

contact us via phone or email

818.616.2931
info@mindfulveteranproject.org

for the Zoom link
and other details

