

MINDFUL VETERAN PROJECT



kids, teens, and adults are invited to a *free* zoom workshop

Arts & Crafts Fun

that creates support & care for our
hungry homeless veterans

Saturday
January 30th, 2021

3:00 - 4:30 PM
(Pacific Time)

we'll be talking briefly and simply about food insecurity
how homelessness compounds hunger
why so many U.S. veterans experience both
and how we can make a big difference
especially during this pandemic
as we

**make "thank you for your service" cards
and decorate bags**

that will be filled with the kinds of food we talk about,
socks, masks, and sanitizer,
and delivered to local veterans

[https://us02web.zoom.us/j/85312844996?
pwd=Nmx2RXcySzhYTWk3M21pWVBiMnZ
oUT09](https://us02web.zoom.us/j/85312844996?pwd=Nmx2RXcySzhYTWk3M21pWVBiMnZoUT09)

Meeting ID = 853 1284 4996

Passcode = 249824



please have ready some white or colored
paper
& crayons or markers or pens or pencils
and
a plain colored paper bag
from lunch to grocery store size
& any/all kinds of things for decorating:

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