

# MINDFUL WARRIOR PROJECT



MWP is providing a  
**Wellness Area**  
with massage, acupuncture,  
therapy dog, & more  
for the

East Los Angeles College  
Veterans Club's

## **MANDATORY FUN DAY**

honoring its veteran students

**Thursday**  
**November 8<sup>th</sup>**  
**2018**

**2:30 - 5:00 pm**

in the

**ELAC Garden**



email [gail@mindfulwarriorproject.org](mailto:gail@mindfulwarriorproject.org) if you want to volunteer  
with us to support this delightful & important event