

MINDFUL WARRIOR PROJECT



Veterans (& adult family members) are invited to sample various healing modalities at a Wellness Day

Monday
June 12th
4:00 -9:00 PM

East Pasadena American Legion
Post #280
179 N Vinedo Ave
Pasadena, CA 91107

be our guests ~ come and enjoy

massage
snacks & beverages
acupuncture
relaxing music
Reiki
sound healing
& more

free street parking

Come meet the Mindful Warrior Project folks who hold veteran mindfulness support groups here on the 2nd Monday of every month



please
bring
proof
of
service



yes,
all services are
FREE