MINDFUL WARRIOR



Join us at this Expo on April 24th and learn about all the ways that the Mindful Warrior **Project** supports your wellness







4th Annual Fitness Intergenerational Training Exposition

Earth Day Celebration

Tuesday, April 24, 2018
2:00 p.m.- 6:00 p.m.
Sharp Avenue Elementary School
13800 Pierce St. Pacoima, CA 91331

Some of the Events include:

Earth Day Activities, Free Raffles, Group Exercises, Wellness Zone, Free Health Screenings, Free Dinner for Vendors and Attendees, Free Hot Supper Program (ages 1-18), Healthy Snacks, Nutrition Demos, DJ Booth, Musical Performances, Resource Vendors, Earth Day Art Exhibit, Hydration Station, Tree Give-away to LADWP Customers, Free Dinner for all Participants and Vendors,

and 500 Goodie Bags Distributed

(First come, first serve until supplies last)











