

MINDFUL WARRIOR PROJECT



Members of Hollywood American Legion Post #43
and of American Legion Posts throughout the Greater Los Angeles Area
are invited to enjoy free samples of relaxing & healing modalities at a

Holiday Wellness Day

★ Saturday
December 16th

10:00 AM - 2:00 PM

massage
snacks & beverages
acupuncture
relaxing music
aromatherapy
Reiki
sound healing
& more

REGISTER
HERE

OR info@mindfulwarriorproject.org

Enjoy this other aspect of the work of
the Mindful Warrior Project,
the veteran service non-profit that holds ongoing
mindfulness workshops in the greater Los Angeles area

