MINDFUL WARRIOR PROJECT



Halloween

would it surprise or scare anyone to know that Mindful Warrior Project's monthly event

at Brentwood

Presbyterian

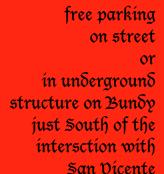
Church from 4 *6 pm. on

Sunday, October 30th
is Kalloween*themed?

absolutely suitable for the whole family ~ including kids ~ nothing scary ~ some great work with masks & simple practices ~ perfect for helping us keep our wits about us when ghosts & goblins appear (at Balloween or any other time)









Happy Halloween

> refreshments provided without having to say, "trick or treat" (or bring a bag)