

# MINDFUL WARRIOR PROJECT



# Halloween

Happy  
Halloween



would it surprise or  
scare anyone to know that  
Mindful Warrior Project's  
monthly event

at **Brentwood  
Presbyterian  
Church** from 4 - 6 pm. on  
**Sunday, October 30<sup>th</sup>**  
is Halloween-themed?

absolutely suitable for the whole family ~ including  
kids ~ nothing scary ~ some great work with  
masks & simple practices ~ perfect for helping us  
keep our wits about us when ghosts & goblins  
appear (at Halloween or any other time)



12000 San Vicente Blvd.  
Brentwood (LA)  
CA 90049  
Education Building  
Garden Room

free parking  
on street  
or  
in underground  
structure on Bundy  
just South of the  
intersection with  
San Vicente

refreshments provided  
without having to say,  
"trick or treat"  
(or bring a bag)