

MINDFUL WARRIOR PROJECT



Join the Mindful Warrior Project at this great community event

We will be providing the Self-Care workshops

Working Hand in Hand Fostering Strong Families a FREE community gathering

to prevent
child abuse
and neglect

Join us to:

- Learn about positive & compassionate parenting; selfcare; bullying; LGBTQ family acceptance
- Meet and build relationships with community partners

Who should attend:

- Parents/Caregivers, Social Service Providers, and Community Partners
- This is a bilingual event: English & Spanish



Free Food



Fun Raffles



Childcare Provided*
(Must be potty trained)

Saturday, April 21, 2018

8:30 A.M. - 2:00 P.M. THE HELP GROUP - SHERMAN OAKS
13164 BURBANK BLVD, SHERMAN OAKS, CA 91401



Register online: <https://042118whih.eventbrite.com>

For more information contact:

GAP (818) 264-0880

Julie Berzon (818) 988-4430

Funders and primary contributors: SPA 2 Council for Child Abuse Prevention · SPA 2 Council for Family Well-Being · Friends of the Family, Prevention & Aftercare and Relative Support Services Programs · DCFS Regional Community Alliance · Best Start Panorama City & Neighbors Partnership · Best Start North East Valley Partnership · San Fernando Valley Community Mental Health Center · Strength United · Child & Family Guidance Center · Grandparents As Parents · The Help Group's - Project SAFE · Somos Familia Valle · LAMC's Foster and Kinship Care Education Program · The Unusual Suspects Theatre Company · El Nido

*Childcare is limited. Must register for childcare.