

enjoy
free
samples
of
various
healing
modalities

- ~ massage
- ~ acupuncture
- ~ stretching
- ~ BodyTalk
- ~ aromatherapy

and more
in the
Mindful
Warrior
Project's
Wellness
Area

MINDFUL WARRIOR PROJECT



Join fellow veterans from LA County on Saturday, April 28

Hawthorne Veteran Affairs Commission Sponsors the 2nd annual

Veterans Benefits Day

10am-3pm at the Memorial Center, 3901 W. El Segundo Blvd., Hawthorne

Presenters include:

- | | | |
|----------------------------------|---------------------------------|----------------------|
| ❖ DAV | ❖ LA National Cemetery | ❖ WLA VA Hospital |
| ❖ UCLA Family Therapy | ❖ USC LA Veterans Collaborative | ❖ American Red Cross |
| ❖ LA VA Regional Benefits Office | ❖ U.S. VETS | ❖ Conner Law, PC |

Exhibitors include:

- | | | |
|---------------------------|----------------------------------|-------------------------------|
| ❖ Mindful Warrior Project | ❖ WLA VA Hospital | ❖ DAV |
| ❖ VFW | ❖ American Legion | ❖ Vietnam Veterans of America |
| ❖ Hawthorne C.E.R.T. | ❖ LA County Metro | ❖ American Red Cross |
| ❖ Conner Law, PC | ❖ U.S. VETS | ❖ US Bank Mortgage |
| ❖ UCLA/VA Family Wellness | ❖ CA Intercontinental University | ❖ Raytheon Vets |



Lunch provided courtesy of In-n-Out Burger

Register at: <https://www.facebook.com/events/149838519165698/>

In-n-Out food distribution limited to the first 250 registrants

