

# MINDFUL WARRIOR PROJECT



Join the Mindful Warrior Project at the  
Hawthorne Veterans Affairs Commission's

## Veterans Benefits Day

Saturday  
April 13<sup>th</sup>  
9:00AM - 1:00PM

Hawthorne Memorial Center  
3901 W. El Segundo Blvd.  
Hawthorne, CA 90250

FREE REGISTRATION  
[CLICK HERE](#)

<https://www.eventbrite.com/e/hawthorne-veterans-benefits-day-tickets-54733851423>

[info@mindfulwarriorproject.org](mailto:info@mindfulwarriorproject.org) - 818.616.2931



the Mindful Warrior Project will be presenting, having a resource/info table, and hosting a Wellness Area

~ find out about the vast range of services we have for veterans & their families

~ sample some relaxing healing modalities in our Wellness Area

? did someone just say free massage ?

lunch  
provided  
by

