

MINDFUL WARRIOR PROJECT



MWP is providing a Wellness Area at this Family Fest to introduce a variety of alternative healing modalities to those connected to the Los Angeles Air Force Base.

Come enjoy sample treatments of acupuncture, massage, energy work, & more... including time with our Therapy Dog, Jayne the Dane



Featuring

Space and Missile Systems Center & Aerospace Exhibit Booths With Information And STEM Activities.

Including

- Bounce Houses for kids
- Heritage Center Tours
- Self-Defense Demonstrations
- Free Food & Beverages

July 24

11am - 2pm

@ GCC
&
ATHLETIC FIELD

Contact:

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Capt Kaitlin Toner
653-1204

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IT IS NOT A PART OF THE DEPARTMENT OF
DEFENSE NOR ANY OF ITS COMPONENTS
AND IT HAS NO GOVERNMENTAL STATUS.

Health Promotion Conference Room
200 N. Douglas Street
El Segundo 90245

event by invitation only & requires base clearance