

# MINDFUL WARRIOR PROJECT



and now... a musical experience for the whole family

via our partnership with the LA Opera

you and your children are invited  
as guests of  
the Mindful Warrior Project

Saturday  
May 6th  
4:00 pm

## NOAH'S FLOOD

the Cathedral of  
Our Lady of the Angels  
downtown Los Angeles



for more details & to RSVP please email  
[gail@mindfulwarriorproject.org](mailto:gail@mindfulwarriorproject.org)