

MINDFUL WARRIOR PROJECT



We're confirmed!

All kids & adults
connected to the
Mindful Warrior Project
are invited to decorate baby
strollers, scooters, bicycles,
wagons, *and themselves* in
red, white, & blue
to march with us in the

LONG BEACH VETERANS DAY PARADE

with banners made from
art created in our
Mindful Arts & Crafts sessions

and to deliver directly to
veterans the cards we've made
at Fleet Week and other events
to thank them for their service

**Saturday
November
10th**

email info@mindfulwarriorproject.org if you
want to be included & get further details

