

MINDFUL VETERAN P R O J E C T



free virtual **ART WORKSHOP** for **KIDS & ADULTS**
in connection with our excursion to “Cinderella” at the LA Opera



Saturday
December 4th 2021



10:00-11:30am
Pacific Time

~ no artistic talent required ~

come join us for some holiday fun
making art as we hear the story
of someone who believed in
- and experienced -
transformation and endless possibilities

~ workshop suitable for ALL ages ~

you'll be pleasantly surprised by
what we create together!



email gail@mindfulveteranproject.org
to get more details & the Zoom link
for this fun workshop



818.616.2931

info@mindfulveteranproject.org
www.mindfulveteranproject.org

