

MINDFUL VETERAN PROJECT



*the Mindful
Veteran Project
is thrilled that the
Los Angeles
Air Force Base
is resuming its
Retiree
Appreciation
Day Event,
and that we can
also again show
our appreciation
for Retirees
via our
info/resource table,
presentation, and
Wellness Area*

*come enjoy free,
short treatments
of alternative
healing
modalities*



2022 RETIREE EXPO

ARMED FORCES RETIREE APPRECIATION DAY

SATURDAY, NOVEMBER 5, 2022
8:00 A.M. - 12 P.M.

GORDON CONFERENCE CENTER
BBQ AT NOON

LOS ANGELES AIR FORCE BASE
200 N. DOUGLAS STREET
EL SEGUNDO, CA 90245

*We must find time to
Stop and Thank the people who make a difference in our lives*
- John F. Kennedy

Los Angeles Air Force Base-Retiree Activities Office
Bldg. 272, rm C1-200
(310) 653-5144/5142 | RAO.LAAFB@gmail.com
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