

# MINDFUL VETERAN P R O J E C T



Join us for some fun, no-talent-required, free arts workshops

Sunday  
September 18, 2022  
4:30 - 6:30pm

&/or

Sunday  
September 25, 2022  
noon - 2:00pm

to express our reactions in art  
as we talk about the story and themes in  
Donizetti's opera  
"Lucia Di Lammermoor"  
and then enjoy seeing art from our workshops  
on display  
in the Dorothy Chandler Pavilion  
during MVP's post-LAOpera-performance event  
(veteran panel discussion & refreshments reception)  
on October 2nd

*arts & crafts materials and refreshments provided  
at live and in-person workshops  
but not for zoom workshops - sorry, we're not that tech advanced yet!*

send an email to  
[info@mindfulveteranproject.org](mailto:info@mindfulveteranproject.org)  
if you'd like to participate  
and to get further details

818.616.2931  
[info@mindfulveteranproject.org](mailto:info@mindfulveteranproject.org)  
[www.mindfulveteranproject.org](http://www.mindfulveteranproject.org)

