

MINDFUL VETERAN P R O J E C T



ALL are invited to a FREE rich multi-media *virtual* experience of
Giuseppe Verdi's
“Macbeth”



Saturday
June 12th, 2021

click **HERE**
or copy/paste bit.ly/2021Macbeth
in browser
to request to attend
& receive zoom links for day

LA Opera Connects' recorded pre-talk
provides a great orientation to the opera
9-10am Pacific Daylight Time

Viewing of filmed Metropolitan Opera
performance - with English subtitles
10am-12:45pm

Live Mindful Veteran Project Segment
1-2pm
includes

~ Discussion by members of the military-
connected-population who participated in a
series of Mindful Veteran Project workshops
exploring themes in the opera

~ Performance of arias created from poetry
written in workshops accompanied by viewing
of art created in the workshops

~ General discussion with audience members



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