## MINDFUL VETERAN P R O J E C T

Join us for a conversation between Mindful Veteran Project's Founder & Executive Director and Miss Tami

Miss Tami's TKO Radio Show 🏭

Thursday January 4th 2024 7:00 - 8:00 PM (Pacific Daylight Time)

click on the link

https://www.blogtalkradio.com/ ewaterradio/2024/01/05/misstamis-tko-radio-show

> or call in 1-323-642-1757





FLOURISHING WITH MINDFULNESS

Explore how we can make 2024 our best year ever with practical tools that empower us to bring calmness, strength, and clarity to all that we do.





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