



# MINDFUL VETERAN PROJECT



Join us for a conversation between Mindful Veteran Project's  
Founder & Executive Director and Miss Tami

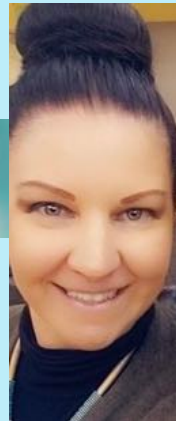
on

 Miss Tami's TKO Radio Show 

Thursday  
June 16<sup>th</sup>  
2022

7:00 PM  
(Pacific Daylight Time)

call in to  
**1-323-642-1757**



NAVIGATING  
WITH  
MINDFULNESS



“Keeping our wits  
about us,  
Staying open,  
curious,  
and sane,  
As we explore an  
ever-changing  
*new normal.*”



closer to the broadcast date, a link will be available  
for online access - watch our Facebook page for  
an updated flyer

818.616.2931

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[www.mindfulveteranproject.org](http://www.mindfulveteranproject.org)